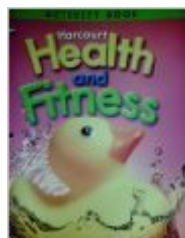


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# Harcourt Health & Fitness: Activity Book Grade K



## Synopsis

Activity book for Harcourt Health and Fitness Grade K.

## Book Information

Series: Harcourt Health & Fitness

Paperback: 64 pages

Publisher: HARCOURT SCHOOL PUBLISHERS (April 1, 2003)

Language: English

ISBN-10: 0153390662

ISBN-13: 978-0153390661

Product Dimensions: 8 x 0.2 x 10.6 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #919,800 in Books (See Top 100 in Books) #112 in [Books > Children's Books > Growing Up & Facts of Life > Health > Fitness](#) #5232 in [Books > Deals in Books](#) #61994 in [Books > Politics & Social Sciences > Social Sciences](#)

Age Range: 5 and up

Grade Level: Kindergarten and up

## Customer Reviews

If using this as a part of homeschooling curriculum, you need the student text and the activity book. The Teacher Resources guide is optional and can be helpful, but isn't needed. I like the activities and worksheets in this activity book. They complement the lessons in the student text nicely. I did also purchase the Be Active CD with songs that you can exercise to. There are no words though, so it is really a personal thing as to whether or not it would be useful to you. The teacher Resource guide has blackline masters for family letters and minibooks. The family letters each have an activity for a student to do with their family. That can be integrated and used as part of your homeschooling lesson. The minibooks are nice, but not mandatory. The text has enough good information to give the student the information they need. I really like this series and highly recommend it! My student text is from 2006 (this is still the ISBN) and the activity book is from 2003, but they still match as a set for each lesson.

This book has everything thing you need to teal health. Check out your science book before purchasing as science textbooks often have a chapter or two that focus on health topics.

The books are excellent, they are new, but the books arrived a month after I asked them

Excelent product and delivery

tk

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Grade 5 Units A-F Pilates and Bodyweight Exercises: 2-in-1 Fitness Box Set: Shred Fat, Look Great  
(Pilates Exercises, Bodyweight Exercises, Fitness Program, HIIT Program, ... Muscle Building, Lean  
Body, Total Fitness) Minecraft Labyrinth : Math Activity Book and Coloring Book For Kids : Unique  
Labyrinths, Geometric Labyrinths and Math Labyrinths: (Unofficial ... (Unique Activity Book) (Volume  
2) Ideal Protein Cookbook - The Ultimate Guide in Protein for Fitness Health and Wellness: The  
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(Discover Islam Sticker Activity Books) Amazing Minecraft Math: Cool Math Activity Book for  
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Occupation-Based Activity Analysis) American Heart Association Fitting in Fitness: Hundreds of  
Simple Ways to Put More Physical Activity into Your Life Fitness! (Cengage Learning Activity) Yoga  
Games for Children: Fun and Fitness with Postures, Movements and Breath (SmartFun Activity  
Books) Walking for Fun and Fitness (Cengage Learning Activity) Harcourt Matematicas Practica,  
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